

# **“In my art” - INclusive Multicultural societies through Art**

## **Guidelines on how to apply *Arte migrante* methodology**

### ***How to participate Online & Offline*** ***Arte migrante inspired events***

***Is it your first time and you don't know how to participate an Arte migrante event???***  
***This document will give you some tips, but keep in mind that,***  
***the best way to get what Arte migrante is***  
***and how to attend it is to...experience it! 😊***

Arte migrante consists in a informal meeting in which anybody can share something of him/her/\* through any type of self-expression. For example, your favorite song, a poem, a story that your grandma was used to tell you, a draw, etc.etc.

You don't have to be an artist to share something. Anybody in Arte migrante is considered as an artist, simply because everyone will always have something to tell.

#### **How to participate?**

1. You can decide to share something of you through any type of expression, for example a poem that you like, your favorite song, the story that your grandma was used to tell you, a fairytale, something about your city or your favorite place or your passion and any other cultural expression that you would like to share with other people;
2. Normally it is recommended to take 5 minutes max in order to give space to anybody to intervene and keep the level of the attention high (especially online, it is more challenging);
3. You don't have to be a professional to be an artist in Arte migrante. Anybody is an artist because everyone will always have something to tell;
4. Sharing something is not mandatory. The highest level of participation is active listening. So, you can also decide to just join and listen to the others;
5. It is recommended to join it on time to attend the introduction;
6. Anybody can live the event at any time;
7. The duration will depend on the group and it won't last more than 2 hours online and 3 hours offline about.

## Who can attend it?

8. The event is open to anybody who would like to spend an easy intercultural event made of arts and self-expression. You can invite your friends, your family and any other person who would like to discover what Arte migrante is by experiencing it directly;
9. There are no roles during the event: no educators, no youth workers, no teachers, no refugees, no homeless, no assisted persons. There are (we are) "just" people joining because they simply want to spend a light, enjoying, artistic evening with other people.

## What language will be used?

10. The sharings (performances) can take place in any language. The person who shares something can decide to make a translation if she/he likes (mind the time). The diversity of languages will be a strength of this event that we will valorize;
11. A "Translator team" will guarantee short and effective translations of instruction and any other relevant information in order to allow people to participate and have a circular communication.

## How will it be managed?

12. Two facilitators will guide the process but the success of the event will mainly depend on the group;
13. The online events normally take place via Zoom. Find the link in the Facebook events published in the page of Arte migrante <https://www.facebook.com/ArteMigranteIT>

**You are WELCOME!**

