

“In my art” - INclusive Multicultural societies through Art

Guidelines on how to apply *Arte migrante* methodology

How to participate Online & Offline ***Arte migrante inspired events***

Is it your first time and you don't know how to participate an Arte migrante event???
This document will give you some tips, but keep in mind that,
the best way to get what Arte migrante is
and how to attend it is to...experience it! 😊

Arte migrante consists in a informal meeting in which anybody can share something of him/her/* through any type of self-expression. For example, your favorite song, a poem, a story that your grandma was used to tell you, a draw, etc.etc.

You don't have to be an artist to share something. Anybody in Arte migrante is considered as an artist, simply because everyone will always have something to tell.

How to participate?

1. You can decide to share something of you through any type of expression, for example a poem that you like, your favorite song, the story that your grandma was used to tell you, a fairytale, something about your city or your favorite place or your passion and any other cultural expression that you would like to share with other people;
2. Normally it is recommended to take 5 minutes max in order to give space to anybody to intervene and keep the level of the attention high (especially online, it is more challenging);
3. You don't have to be a professional to be an artist in Arte migrante. Anybody is an artist because everyone will always have something to tell;
4. Sharing something is not mandatory. The highest level of participation is active listening. So, you can also decide to just join and listen to the others;
5. It is recommended to join it on time to attend the introduction;
6. Anybody can live the event at any time;
7. The duration will depend on the group and it won't last more than 2 hours online and 3 hours offline about.

Who can attend it?

8. The event is open to anybody who would like to spend an easy intercultural event made of arts and self-expression. You can invite your friends, your family and any other person who would like to discover what Arte migrante is by experiencing it directly;
9. There are no roles during the event: no educators, no youth workers, no teachers, no refugees, no homeless, no assisted persons. There are (we are) "just" people joining because they simply want to spend a light, enjoying, artistic evening with other people.

What language will be used?

10. The sharings (performances) can take place in any language. The person who shares something can decide to make a translation if she/he likes (mind the time). The diversity of languages will be a strength of this event that we will valorize;
11. A "Translator team" will guarantee short and effective translations of instruction and any other relevant information in order to allow people to participate and have a circular communication.

How will it be managed?

12. Two facilitators will guide the process but the success of the event will mainly depend on the group;
13. The online events normally take place via Zoom. Find the link in the Facebook events published in the page of Arte migrante <https://www.facebook.com/ArteMigranteIT>

You are WELCOME!

