



# In My Art

INclusive Multicultural  
societies through Art



# The fundamentals of Arte migrante Method & Tools

## The 8 fundamentals of “In my art” method

1. Spontaneous participation and open to all
2. Shared responsibility among participants
3. Horizontal approach (no hierarchy, no expert)
4. Active listening to everyone
5. Sharing cultures
6. No judgements
7. Art as any type of self-expression
8. Creation of a ‘secure’ space

- 1. Spontaneous participation and open to all.** Meetings can be organized out of professional or educational contexts
- 2. Shared responsibility among participants.** Everyone contributes to creating a familiar and welcoming atmosphere, and the success of the meeting depends on the participation of the attendees. Anybody can help in the organisation by taking small responsibilities (keeping the time, helping with creating the setting, proposing a name game, etc.). Anyone can be part of the coordination group.
- 3. Horizontal approach (no hierarchy, no expert).** In Arte Migrante, everyone has the right to speak up, be heard, and be part of the coordination group.

**4. Active listening to everyone** is the first way to participate in Arte Migrante.

**5. Sharing cultures** welcoming diversity is the objective of the meeting.

**6. No judgements** are allowed in the Arte Migrante meeting. The coordination group is responsible for intervening to guarantee a secure space.

**7. Art as any type of self-expression.** Despite their expertise, everyone is considered an artist, and art can be anything the person wants to share with participants.

**8. Creation of a 'secure' space** where people can feel comfortable listening to and sharing. A safe space cannot be guaranteed because of open participation and spontaneous sharing. You never know what people will say. The coordination group can train each other to learn how to respond to judgmental sharing positively.

## Method & Tools

In Arte Migrante, method and tools are complementary:

- ❖ **Stability, Regularity, Continuity:** The stability of the place, the regularity and continuity of the meetings are essential functional tools to achieve the objectives. These make Arte Migrante a space and a place of reference, even for those with fewer opportunities to maintain an active network of information, communication and exchange.
- ❖ **Sharing responsibilities:** The success of the evening depends on the quality of the participation of those present. The objective of the 'coordination' group is, in fact, the facilitation of dynamics and the stimulation of taking responsibility through behaviour. There are no spectators or conductors. Everyone is an active participant-artist in the performing and listening action.

- ❖ **Art & Sharing:** Art, in all its forms, can be a powerful relational glue, a universal language that can promote shared experiences in every space and time (Carturan, 2013).
- ❖ **Networking:** Comprising of: The Third sector (host communities for minors, community centres, cultural associations); Institutions (universities, schools, Organisational Unit for Immigrant, Refugee and Nomadic Interventions; Citizens).



**Information for participation:** the online promotion brings the information about the meeting far but not deep. Promoting the activities via social media (Facebook, Instagram, WhatsApp, email, etc.) is good, but it is not enough. To go further and reach people with fewer chances to receive information or meet people, it is important to act directly. Direct actions can be: Visual communication (flyers), individual calls, joining other events, contacting stakeholders, identifying key persons who can bring other people (educators working in reception centres for migrants, homeless, etc.) all of these actions



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