



# In My Art

INclusive Multicultural  
societies through Art

5th Newsletter/ October 2021 - December 2021



Co-funded by the  
Erasmus+ Programme  
of the European Union

# KA2 Strategic Partnership in the field of youth

Project number: 2019-2-IT03-  
KA205-016717

## Participating organisations

1. PER ESEMPIO (Italy)
2. MERSEYSIDE EXPANDING HORIZONS (United Kingdom)
3. ARTE MIGRANTE (Italy)
4. GROUPE DE RECHERCHE ET DE REALISATIONS POUR LE DEVELOPPEMENT RURAL (France)
5. AWO Bremerhaven (Germany)
6. UNITED SOCIETIES OF BALKANS (Greece)
7. ASOCIACIÓN CAMINOS - (Spain)

**Creativity and culture**  
**Inclusion - Equity**  
**Migrants' issues**



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# ABOUT THE PROJECT

In My Art – Inclusive Multicultural societies through Art is a project coordinated by Per Esemplio Onlus (Italy, Palermo) and managed together with 7 European youth organization: “Arte Migrante” (Italy, Bologna); “MEH - Merseyside Expanding Horizons” United Kingdom, Liverpool; “USB - United Societies of Balkans” Greece, Thessaloniki; “AWO Bremerhaven Kreisverband e.V.” Germany, Bremerhaven; “Asociación Caminos” Spain, Malaga; “GRDR - Groupe de Recherche et de Realisations pour le Developpement rural” France, Lille.

The main purpose of this partnership is to empower young people to take action towards social inclusion and intercultural community building, especially in multiethnic contexts where migrants have fewer opportunities in getting involved into host communities as active citizens.

Following the needs/context analysis carried out by partner organizations, In My Art aims to:

- **Increase awareness of youth workers and organizations on the real needs and desires of young people, to effectively adapt methods and practices based on arts into different multicultural contexts;**
- **Share and develop effective and sustainable practices inspired by Arte Migrante method among organizations, to build inclusive communities based on the culture of dialogue, cohesion, valorisation of diversity and nondiscrimination;**
- **Promote active participation of young people in their community, with a focus on youth at risk of marginalization because of their cultural, social and economical obstacles.**

In the framework of In My Art project, three outputs will be developed:

- **Action Research** on the impact of art in social inclusion;
- **Training Program** on using Art as an inclusive methodology;
- **Guidelines** on how to apply Arte Migrante methodology

# How did In My Art start: Action-Research

Our *Action-Research* aimed to determine the impact of art within *Social Inclusion* was the very first activity the partnership got its hands on to kick-start the project. Here below, a short reminder of what the research was about:

The aim was to train 35 young people in the Action-Research methodology to interview peers on art as a tool of inclusion. The Action-Research seeks for a deeper understanding of the art and creativity as tools to attract young people by taking into account their point of view.

The aims of the Action-Research was to provide guidelines to the partnership with a theoretical framework on the topics of Art, Youth, and Action-Research and to give a step-by-step guide on how to carry on the activities related to the project's first output (IO1) of the In My Art project. There are 2 main sections:

1. Related to key-words and definitions of Art and Youth, and
2. Related to the workshops with young people.



# Art as a methodology to promote intercultural community-building

## Handbook and Guidelines

We are happy to announce that we finalized and published our training handbook on using *Art as an inclusive methodology to promote community-building in educational programs*. To consult the Training program "click" [HERE!](#)

We have more good news because the accompanying *Guidelines on how to apply Arte Migrante methodologies* has been released too. These guidelines address specifically trainers, youth workers, and social workers providing information on HOW to implement the activities described in the mentioned handbook. This second manual includes the approached methodologies and practices used, as well as 9 video tools showing how to apply the activities developed. To consult the Guidelines "click" [HERE!](#)

You can find all the Outputs of the project by clicking [here](#) below



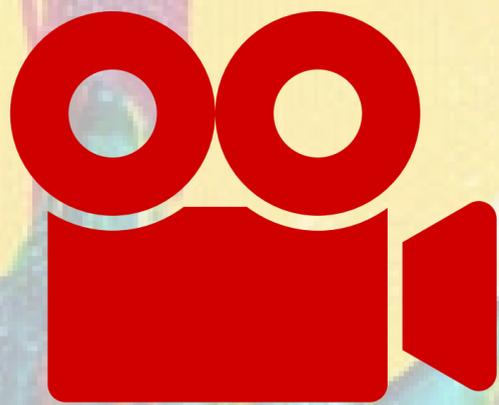
or on our website <https://www.inmyart.eu/project-activities>

# Our YouTube channel is launched!



The guidelines consists of:

- n.1 Video-Documentary on the Arte Migrante - inspired experiences around Europe;
- n.7 short video-tools that show how to apply the practices developed;
- n.1 video on In my art method translated into each national language and Italian Sign language. Find it in "In my art" [YouTube channel](#)



The "In my Art" Docu-Video describes the experiences around Europe and it consists of interviewees of young people and youth workers that contributed to the creation of the events, as well as moments of the youth-led intercultural events!



# Piloting activities with youth workers

Each partner organisation implemented 1 day workshop with a group of youth workers to test the tools developed in terms of: clarity, readability, organisation, design, method, effectiveness, expendability, transferability.

## Testimonials



Justyna Rezmer, Youth Worker:

“It is nice to be in a welcoming safe place where each culture is important and fine. The power of music, dance and visuals was so obvious in our meetings, even in the situations when the person could not express the origin culture in foreign words.”

Ayshan Sabili, Young Person:

“It was a great experience. [...] I met new people and learned new things from different cultures. [...] It made me happy and proud to talk about my own culture and country. I would do In My Art Event again because the event was wholesome and the people were very friendly and nice..”



## Impact on youth workers:

Youth workers said that they had the opportunity to share good practices and ideas on how to use art to promote inclusion among multicultural groups of young people. Art can be a powerful vehicle for expressing emotions of support and inclusivity within communities.

Furthermore, involved youth workers increased their awareness on recognizing young people's needs and desires as well as their promptness in finding ideas and strategies to create an inclusive and welcoming educational environment.

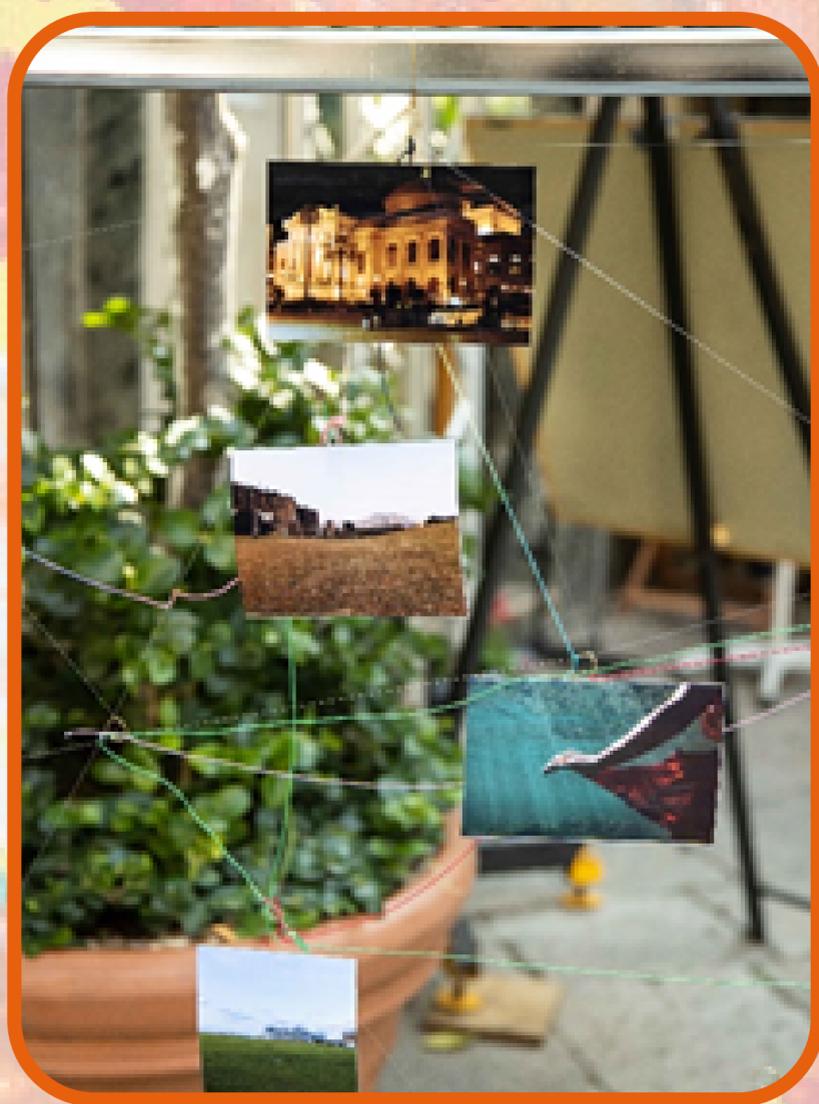


Finally, we realized it is important to recognize that every youth worker has picked up the pieces during a pandemic where every issue has seen young people impacted. In My Art project has helped to provide tools and an open environment for everyone, young people, local communities, youth workers and professionals

## Impact on young people:

Within the local activities young people have shared their experiences with us. They mentioned the connection with youth association as a point of reference with whom they felt comfortable to discuss develop their ideas. Furthermore, participating youth has developed a sense of familiarity towards the city, increased self-confidence in expressing opinions and feelings using different languages. Additionally, participants felt welcome and thankful for the "save space" the methodology of Arte Migrante provided.

Moreover, the project team in Palermo described that there photography became a reason for the youth to get together and get to know each other in a secure space, contributing to build up a community where diversity is seen as an added value.



## Final Transnational Partner Meeting in Lille

Last week In my art coordinators met finally in person in Lille, for the last Transnational partner meeting to discuss the last steps of the Guidelines on how to apply Arte Migrante method and evaluate the overall process.



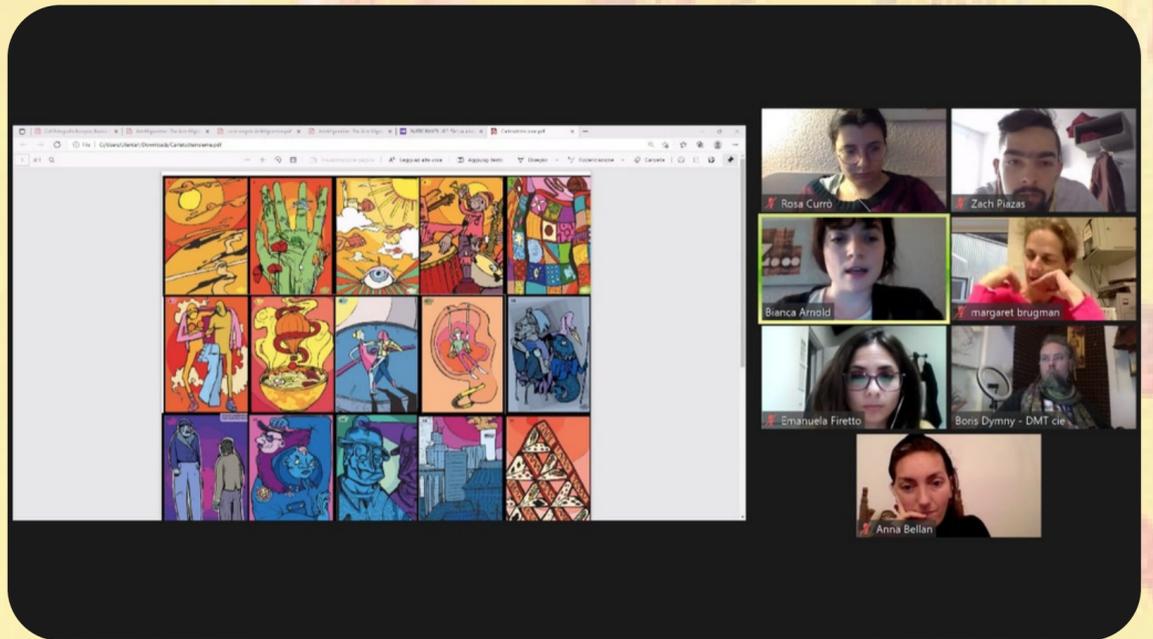
Even though virtual meetings made the project develop and become an important resource for young people and youth workers to face the pandemic, we realized we missed traveling and **exchanging in person** with people working together for the same purpose during 27 intense months.



Through this period we contributed to **nourish** our surroundings of new relationships, youth workers feel **more prompt in creating intercultural educational environments**, groups of young people are **more engaged in collective initiatives** and the local societies got new opportunities for **practicing the culture of dialogue through art** and **cultivate the sense of being a community**.

# Final International Conference Multiplier event in Lille

Our partner meeting and project closed with a final event that took place both online and offline. We tried to be as inclusive as possible and we made it!



Our online event consisted of the sharing of our project's process and results, as well as 3 interactive workshops. Participants from all around Europe joined and shared the experience with us!

In the afternoon of the same day, we had a last Arte Migrante - inspired event in the offices of GRDR. We were so happy to close the project with moments of in-person interaction, sharing and of course, art!



# Follow the project...



@ In My Art



<https://www.inmyart.eu/>

Contact "In my art community":  
[infoinmyart@gmail.com](mailto:infoinmyart@gmail.com)

## ...And support the local activities of our partners!



[In My Art -Lille](#)



[In My Art -Thessaloniki](#)



[In My Art - Palermo](#)



[Arte Migrante -Bologna](#)



[In My Art - Bremerhaven](#)



[Merseyside Expanding Horizons - Liverpool](#)



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