



In My Art

INclusive Multicultural
societies through Art

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KA2 Strategic Partnership in the field of youth

Project number: 2019-2-IT03-
KA205-016717

Participating organisations

1. PER ESEMPIO (Italy)
2. MERSEYSIDE EXPANDING HORIZONS (United Kingdom)
3. ARTE MIGRANTE (Italy)
4. GROUPE DE RECHERCHE ET DE REALISATIONS POUR LE DEVELOPPEMENT RURAL (France)
5. AWO Bremerhaven (Germany)
6. UNITED SOCIETIES OF BALKANS (Greece)
7. ASOCIACIÓN CAMINOS - (Spain)

Creativity and culture
Inclusion - Equity
Migrants' issues



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Bremerhaven



ABOUT THE PROJECT

In My Art – Inclusive Multicultural societies through Art is a project promoted by Per Esemplio Onlus, whose main purpose is to empower young people to take action towards social inclusion and intercultural community building, especially in multicultural contexts where migrants have fewer opportunities in getting involved into host communities as active citizens.

Following the needs/context analysis carried out by partner organizations, In My Art aims to:

- **Increase awareness of youth workers and organizations on the real needs and desires of young people, to effectively adapt methods and practices based on arts into different multicultural contexts;**
- **Share and develop effective and sustainable practices inspired by Arte Migrante method among organizations, to build inclusive communities based on the culture of dialogue, cohesion, valorisation of diversity and nondiscrimination;**
- **Promote active participation of young people in their community, with a focus on youth at risk of marginalization because of their cultural, social and economical obstacles.**

In the framework of In My Art project, three outputs will be developed:

- **Action Research** on the impact of art in social inclusion;
- **Training Program** on using Art as an inclusive methodology;
- **Guidelines** on how to apply Arte Migrante methodology

Action - Research

Results

We are ready to present you the report of the Action research conducted by young participants with the support of the partner organizations: find it on [In my art website!](#)

Our participants created and then shared with their contacts online questionnaires. They also conducted semi-structured interviews. In total, we gathered 147 answers from the questionnaires and 77 interviews.

Here is what we collected:



The two most popular activities related to Art are **music** and **dance**, as they easily overcome the linguistic barrier obstacle and foster inclusion.



Lack of time, money, and opportunities both on a personal and a local level are considered the major **setbacks** to free artistic expression. Education background or origins don't seem to be as relevant as age.

Youngsters came to the conclusion that Art is a **means** to make a change. A very interesting argument is that Art by itself is an individual product with a huge social power: it's able to bond people disregarding time and space. Through self-reflection the young people involved in the development of the IO1 realized that almost everyone was already expressing his/herself in an artistic way, without even noticing it.

**What
Young
People
Want...**

...is having the possibility to share some of their time in order to meet the others and know themselves better. They dream about a place where different kinds of art can be expressed and where there's also the possibility to discuss and bond art with a socially meaningful topic.

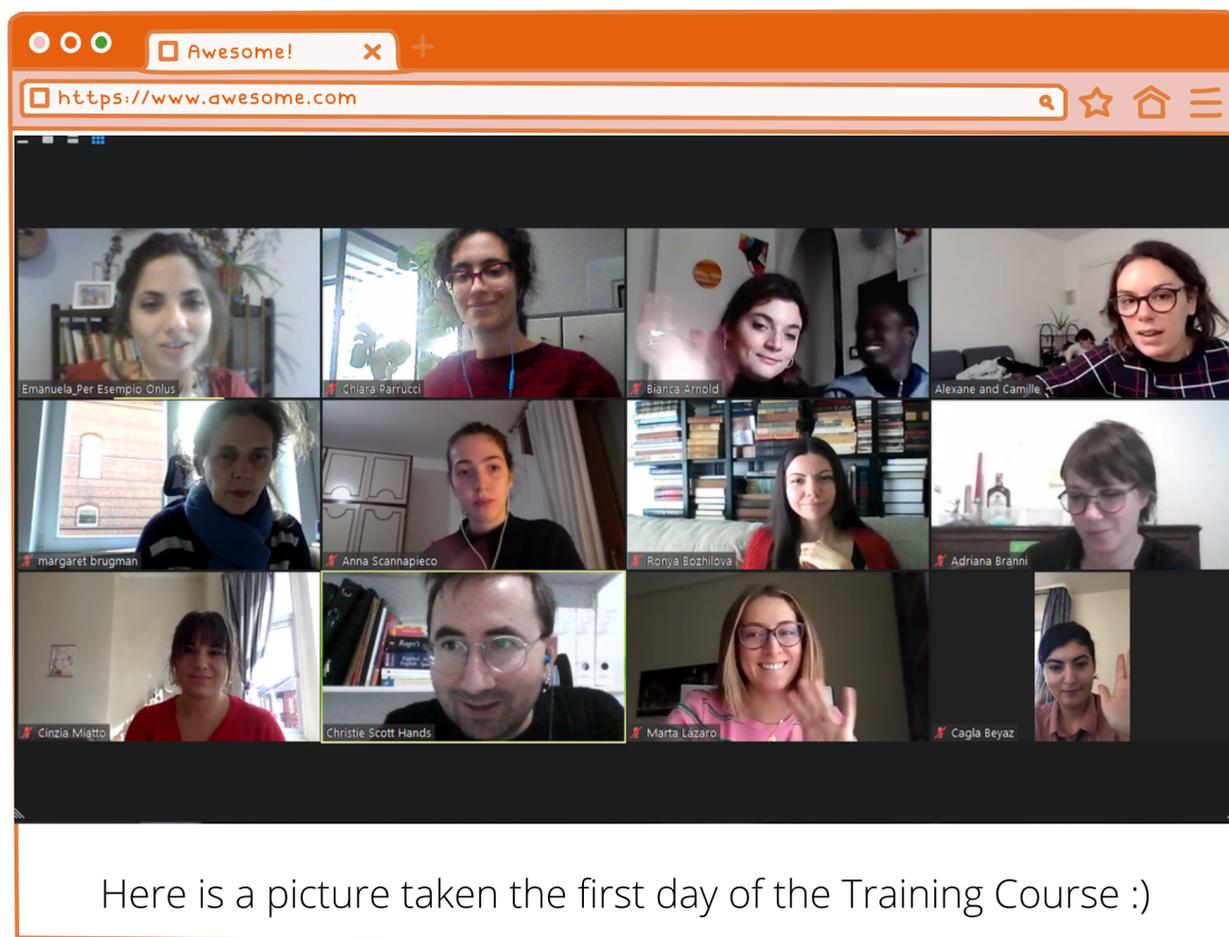
Intellectual Output 2: 5 Days of Training Course

The short-term joint staff training event took place online 15th to 21st of October 2020: 14 Youth Workers from partner organisations took part in it.

We aimed at improving our skills on how to promote the active participation of young people and intercultural community building processes through art-based methodologies.

Our main focus was on sharing Action- Research results and learning more about Arte Migrante methodology.

Also, the very first online practice taught us a new lesson on resilience and how to improve our technological literacy.



Arte Migrante Methodology

The Simulation of an Arte Migrante event, even if online, became a moment of reflection and cohesion.

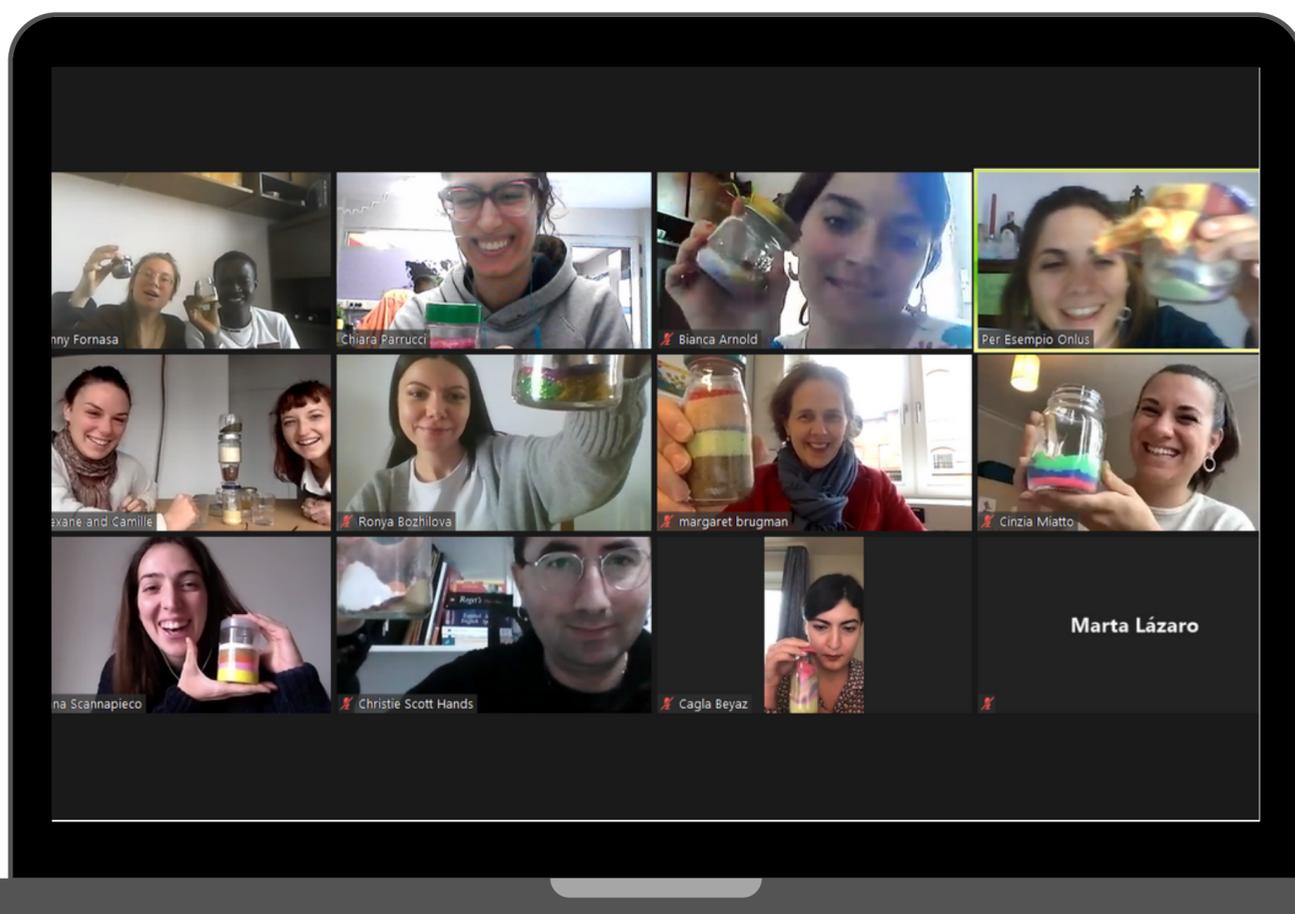
Arte Migrante plan include:

1. icebreaking games
2. Shared dinner
3. Sharing moments of a form of Art

Coordinators of AM italian events shared their advices and recommendations.

Then, all the Youth Workers from partner organisations shared one of their Art-based practice and then all together we discussed Good Practices that can be useful for the development of a new programme based on intercultural learning, inclusion, informal learning and cultural awareness.

During the last day of the Training Course, we took a picture holding the jar in which we recorded our key competences:



Next Steps

- Release the Training Programme on how to use art as an inclusive methodology
- Piloting phase: after the training course, youth workers will create a series of workshops to involve 10 young people at local level in the development of an Arte Migrante event
- E-mentoring support during the whole phase

Follow the project:



@ In My Art



<https://www.inmyart.eu/>

Download the
IO1 Report:



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